



## FOUR PRACTICAL STEPS TO BATTLE LAZINESS.

### 1. I stop being surprised when disciplines and work are \_\_\_\_\_.

*'Discipline yourself for the purpose of godliness.'* 1 Timothy 4:7 NASB

### 2. Set a realistic \_\_\_\_\_ to develop some life enhancing habits.

*'Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize.'* 1 Corinthians 9:24 NIV

*'You must crave pure spiritual milk so that you can grow into the fullness of your salvation. Cry out for this nourishment as a baby cries for milk.'* 1 Peter 2:2 NLT

*'Anyone who has to drink milk is still a child, without any experience in the matter of right and wrong. Solid food, on the other hand, is for adults, who through practice are able to distinguish between good and evil.'* Hebrews 5:13-14 NLT

### 3. Share the plan with a trusted and encouraging \_\_\_\_\_.

*'Christ's message in all its richness must live in your hearts. Teach and instruct one another with all wisdom.'* Colossians 3:16 NLT

### 4. Start \_\_\_\_\_.

*'Lazy people want much but get little, but those who work hard will prosper and be satisfied.'* Proverbs 13:4 NLT

*'Remember, it is sin to know what you ought to do and then not do it.'* James 4:17 NLT



#### SMALL GROUP SERMON DISCUSSION

1. What's the difference between comfort/leisure and laziness?
2. How does God want us to see ourselves, according to 1 Corinthians 4:2?
  - What are some characteristics of a good manager?
  - How can caring about God's 'big picture' impact how we live daily?
  - Discuss steps we can take to become better managers of what God has given us.
3. What advice did Jesus give about tomorrow in Matthew 6:34?
  - What did he say about today?
  - What keeps us from enjoying the moment?
  - How can we gain God's perspective on today, every day?
4. How does having God's perspective influence our daily decisions about discipline?
5. What often happens when we first decide to make a change in our lives?
  - How can overzealous goals affect the outcome?
6. Read Proverbs 10:4 and Proverbs 15:19 that clearly contrast the lazy person with the industrious or upright.
  - What do you think is meant by the promised outcomes in Proverbs 10:4?
  - Do the words 'poverty' and 'wealth' always refer to money? What else can they refer to?
  - Discuss the word picture painted in Proverbs 15:19. What is it about the behaviour of the lazy person vs. the hard worker that results in two vastly different outcomes?
7. Consider the stern warning issued in James 4:17. How do you think this verse applies to breaking free from laziness?
  - What are the possible consequences of failing to pursue this course of action?

Watch us on



Watch and listen to the message again, or an archived message by going to [www.youtube.com/cowplainchurch](http://www.youtube.com/cowplainchurch).